

## Live Philanthropy and Luxury

# ELITE LIST: Top 10 Executive Health Programs

Spring 2009

### California Health & Longevity Institute (CHLI)

In addition to a one-day comprehensive physical, CHLI targets executives suffering from stress-related insomnia. The center, which is located within the Four Seasons at Westlake Village outside Los Angeles, uses diagnostic equipment to monitor clients' sleep patterns. (Chli.com)

*Slobhan Palmer 818.575.8010*

### Center for Partnership Medicine

The Center for Partnership Medicine in Chicago wants to help patients "live younger"—that is, focus on disease prevention through what the center calls "lifestyle medicine." In addition to a complete physical, the one-day program includes two consultations with specialists. (Centerforpartnershipmedicine.com)

*Katie Miller 312.926.9313*

### Cleveland Clinic at Canyon Ranch

Ranked number one for cardiac care in the U.S., Ohio's Cleveland Clinic has partnered with Canyon Ranch in Tucson and Lenox, Mass., to bring medical experts to the renowned spa. The four-day wellness program focuses on a range of areas including lifestyle management, fitness, spirituality and stress relief. (Executivehealthprogram.com)

*Michele Narnarens 800.223.2273*

### Cooper Clinic Executive Medical Services

The six-hour physical from Cooper Clinic in Dallas gives same-day results. The core exam includes diagnostic testing, an MDCT scan of the torso, and a nutrition consultation with emphasis on dietary conditions including diabetes, high cholesterol, celiac disease and hypertension. (Cooperaerobics.com)

*Cindy Bostick 972.386.4777*

### Duke Executive Health Program

A genetic health assessment based on family history and genomic testing gives Duke physicians in Durham, N.C., clues to a patient's predisposition for 10 diseases including diabetes, colon cancer and prostate cancer. Four procedures to assess vascular health also help develop a comprehensive risk assessment. (Dukeexcehealth.org)

*Betty Bailey 919.660.6606*

### The Greenbrier Clinic

Greenbrier's approach is tailored to each client. In addition to standardized tests, patients can choose from an à la carte menu of diagnostic tests based on their medical history and whatever concerns they might be having. The clinic in White Sulphur Springs, W.V., offers state-of-the-art screenings. (Greenbrierclinic.com)

*Tonya Ridgway 800.362.7798*

### Johns Hopkins Executive Health Program

The Johns Hopkins Executive Health Program in Baltimore gives patients access to the leading ear, nose and throat, rheumatology and urology specialists. The program includes a hemocult, which detects GI problems, and a pulmonary function test that screens for emphysema, bronchitis and asthma. (Hopkinsmedicine.org)

*Carolyn Jones 888.544.1340*

### Mayo Clinic Executive Health Program

The Mayo Clinic specializes in knowing exactly which tests to give and how to get results as quickly as possible. Executives going to its executive health program in Jacksonville, Fla., Scottsdale, Ariz., and Rochester, Minn., often have same-day access to specialists in over 100 fields, including oncologists at the world famous cancer center. (Mayoclinic.org)

*Holly E. Occi 904.953.7392*

### MDVIP

A national network of doctors, Boca Raton, Fla.-based MDVIP describes their service as "beyond concierge healthcare." What does that mean? Over 300 doctors in 26 states provide MDVIP members with a yearly physical that includes comprehensive laboratory testing, an EKG and lifestyle analysis. (Mdvip.com)

*Ellen Weinstein 866.696.3847*

### Penn Center for Executive Health, University of Pennsylvania

The only executive health program affiliated with an academic medical institution in the state, the Penn Center in Philadelphia offers a day-long medical evaluation customized to your gender, age and race. Before a client arrives, Penn medical professionals conduct a pre-screening lifestyle assessment by phone. (Pennhealth.com)

*Kate Ciesielka 610.731.1429*

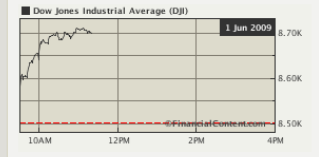
## Markets U.S. Asia Europe

Updated: 11:19 AM EDT, Jun 01, 2009

**Dow** 8699.06 ↑ **+198.73** (+2.34%)

**Nasdaq** 1821.69 ↑ **+47.36** (+2.67%)

**S&P 500** 941.77 ↑ **+22.63** (+2.46%)

by

STATE STREET GLOBAL ADVISORS

**Precise in a world that isn't™**

[Click here to see why you should invest in gold.](#)

## Worth Radar MOST READ ARTICLES

### THE WALL STREET JOURNAL

- Taxpayers Foot Lawmakers' Bills
- The End of the Affair
- In San Francisco, Homeless Stay Wired
- Opinion: Crowitz: Google Gets Some Competition
- Black Swan Fund to Bet on Hyperinflation

### FINANCIAL TIMES

- How economists can misunderstand the crisis
- Berlin vote heralds big spending cuts
- GM and Magna reach deal on Opel
- California: A failing state
- Oil prices hit six-month high

### Economist.com

- Government and business in America: Piling on
- The world economy: Drowning, not waving?
- Computing: Unlocking the cloud
- The National Ignition Facility: On target, finally
- North Korea's nuclear test: On mushroom cloud two

### Bloomberg.com

- Commodities Rise Most in 24 Years; Goldman Sees Gain
- Topix's Valuation Masks Falling Profits During Rally
- Variable Annuity Assets Decline on Slump in Equities
- Debt Negotiators May Give Little Relief to Consumers
- Bernanke Bid to Lift Housing Scuttled by Rising Rates

### The New York Times

- Frank Rich: Who Is to Blame for the Next Attack?
- Recipes for Health: Healthier Pizzas
- Put Ad on Web. Count Clicks. Revise.
- The Way We Live Now: Let the Kid Be
- Cyberwar: Contractors Vie for Plum Work, Hacking for U.S.